

BUILDING A LOVING WORLD



VISION

Positive Relationship Education integrated into the core curricula of educational systems throughout the globe: *building a safe, healthy, thriving, loving world.*

MISSION

To help teachers and students cultivate excellent relationships – in the classroom, throughout the school, at home, for the future work place, within and between communities and nations.

THE CURRICULUM

32 Lessons in the Loving Classroom Foundation Curriculum to Master the 8 Foundation Virtues

(Two versions: for ages 7-11 years and ages 12-17 years)

RESPECT
We have a high regard for ourselves, people of diverse backgrounds and property.

COMPASSION
If we can help others in difficulty, we help them...

LISTENING
We pay attention to the thoughts and feelings in what people say and do.

KINDNESS
We give understanding and sensitive support.

GRATITUDE
We appreciate the many great and small things in our lives.

LOVE
An experience of being one: wanting and taking pleasure in one another's well-being and fulfillment.

FRIENDSHIP
We do our utmost to ensure every individual has a good, lasting relationship.

CARE
Our actions and projects are concerned with the wellbeing of individuals, humanity and our planet.

1: WELCOME Introducing your students to Loving Classroom	7: COMPASSIONATE COMMUNICATION Identifying compassionate language and using it in the classroom	11: LISTENING WARM-UP Practising the basics of Head-Heart-Hand Listening, for unifying communication	16: KIND SPEECH Speaking kindly so that people feel safe and encouraged to talk...	20: LIFE GRATITUDE Inspired by gratitude for our basic life tools, mouth, eyes, ears, nose and hands (touch)	23: DEFINING LOVE Articulating a "Class Working Definition of Love", that can be utilised to build a loving world	27: DEFINING FRIENDSHIP What makes a good friend	30: CARING SOCIETY Practical care for all in our lives
2: THE INDIVIDUAL Understanding and enjoying the goodness in your students	8: STRENGTHS... Identifying our natural strengths and how to apply them for compassionate support	12: PAINFUL BEHAVIOUR Understanding "painful behaviour comes from people in pain" and using that to help heal painful behaviour	17: A GOOD JOKE Training ourselves to never tell jokes that hurt people...	21: THINGS GRATITUDE Inspiration from appreciating the wonders of objects that contribute to our well-being	24: CHOOSING TO LOVE We can choose to love anyone and how to do so...	28: COMMITMENT How to enjoy and maintain a good friendship in all circumstances	31: 4H CLASS PROPOSAL Applying the 8 virtues to work together as a loving team building a loving world
3: THE HUMANITY BEING Understanding and enjoying the goodness in humanity	9: ... AND WEAKNESSES Identifying our natural weaknesses, and in a caring/loving way, supporting one another	13: MEDIATION Grassroots learning the skills of mediation, so that we can mediate for one another, instead of fighting	18: KIND APPRECIATION Mastering the skill of kind appreciation so that the other person really feels genuinely appreciated	22: PEOPLE GRATITUDE Inspiration from appreciating the wonders of the people who contribute to our well-being	25: CONNOISSEUR OF LOVE Mastering the skill of how to love the deep inner-goodness that all people have	29: FRIENDS FOR LIFE We spend years together in the classroom, so let's meet around every 10 years, to check we are all well... and, if needed, help.	32: END OF THE BEGINNING How to keep growing as a Loving Engineer after the course is over...
4: 4H THANK YOU Thanking members of the Humanity Being (Humanity), intellectually (Head), emotionally (Heart) and actively (Hand)	10: HOLISTIC COMPASSION Taking into account head, heart and hand and all the Loving Classroom virtues	14: GOOD LISTENING Listening for the good, so that we can build on the good we have in common, and repair differences	19: KIND CRITICISM How to give criticism so that people embrace it and respond kindly		26: LOVING ONESELF - SELF ESTEEM Many find it hard to love themselves. This lesson helps them to do just that.		
5: TOP FIVE CLASS VIRTUES Students choose the top five virtues they would like to have for their class (and evaluate themselves)...		15: HOW ARE YOU? When asking "How are You?", actually caring for the answer and lovingly following up...					
6: LOVING WORLD FLAG The Loving World flag, for all peoples and nations to be united in building a loving world							

"I feel like this really brought the class together as one, and it united us to be friendly with each other."

"We all clubbed together and helped each other."

"It inspired me to learn and teach others about what I learned."

"Loving Classroom has taught me so much. Basically, I had a problem with my friend. Now I know how to apologize, because I had a problem apologizing."

"I think Loving Classroom is very important, because it helped us to help one another in building an inner-self-esteem."

"If we believe in something, we can do it and make a change."